

Crisis Hotlines

Call the hotline if you need someone to talk with any time of day or night. If your family is in crisis, also contact your Regional Office case manager. *Call 911 for crisis emergencies*

NUMBER	REGION	COUNTIES SERVED			
1-800-356-5395	Northeast MO	Adair Bollinger Butler Cape Girardeau Carter Clark Douglas	Dunklin Howell Knox Lewis Macon Madison Marion Mississippi New Madrid	Oregon Ozark Pemiscot Perry Reynolds Ripley Schuyler Scotland	Scott Shannon Shelby St. Genevieve Stoddard Texas Wayne Wright
1-888-279-8188	Western MO, Greater Kansas City	Andrew Atchison Buchanan Caldwell Cass Clay	Clinton Daviss DeKalb Gentry Grundy Harrison	Holt Jackson Johnson Lafayette Linn Livingston	Mercer Nodaway Platte Putnam Ray Sullivan Worth
1-800-395-2132	Central MO	Boone Carroll Chariton	Cooper Howard Moniteau	Morgan Pettis	Randolph Saline
1-800-833-2064	East Central MO	Audrain Callaway	Monroe Montgomery	Pike Ralls	
1-800-833-3915	West Central MO	Bates Benton Camden Cedar	Cole Crawford Dent Gasconade	Henry Hickory Laclede Maries Miller	Osage Phelps Pulaski St. Clair Vernon
1-800-801-4405	Southwest MO	Barry	Dade	Lawrence	
1-800-247-0661	Southwest MO	Barton	Jasper	McDonald	Newton
1-800-491-7355	Southwest MO	Christian Dallas	Greene Polk	Stone Taney	Webster
1-800-811-4760	St. Louis and Eastern MO	Franklin Iron	Lincoln St. Charles	St. Francois St. Louis	Warren Washington

What to expect when you call the Crisis Hotline

The Crisis Hotline is staffed by mental health professionals who can respond to your crisis 24 hours per day and 7 days per week. They will talk with you about your crisis and help you determine what further help is needed, for example, a telephone conversation to provide understanding and support, a face-to-face intervention, an appointment the next day with a mental health professional, or perhaps another service that best meets your needs. They may give you other resources or services within your community to provide you with ongoing care following your crisis. All calls are strictly confidential.